We Welcome You Wherever You Are On Your Journey

Gym Masses

Presider: Fr. James Cassidy

We welcome the soulful voices of our own *Deb Harley* and *Lee Vague* at today's gym masses. Songs of peace will fill our community as we remember the bombing of Hiroshima and Nagasaki and recommit ourselves to being a people of peace! Thank you.



The Sunday Morning Registration and Information Office is located in the Parish Center. In the office you may register to become a SJA parishioner, get program information, sign up for a program, and register to volunteer. The office is open after both of our Sunday morning liturgies.

Parking: Be considerate of our neighbors and their property. Please don't block driveways or park in their on-street handicapped areas. Thank you!



Pastor's 2 Cents From: Fr. Jim DeBruycker

If I were Lemony Snicket writing one of his books on A Series of Unfortunate Events and the Baudelaire children, I would warn you to read no further. It is a beautiful summer day, blue sky, white fluffy cumulus clouds and low humidity. So let's talk about death.

I agree almost entirely with Woody Allen's observation that he does not fear death he just doesn't want to be around when it happens - it's hardly ever properly choreographed.

I come from dark people. I was little so I can hardly remember them, but my early years were spent with an Irish great grandmother, Mary, and her maiden sister, Bea. Bea died in the house I grew up in and was waked out in the front room. The family maintains she was the ghostly specter many of us claim having seen and met in later life.

Bea communed with the fay, the fairy folk, which some relatives say they saw hanging around with her in her haunting days; whatever the circumstances, she saw harbingers of death and would break out in the banshee song, spontaneously announcing a relative's death here or more likely in the old country. It precipitated frantic phone calls to find out who the deceased was.

On my father's side of the family they were the primarily Belgian, French and rather morbid people. A typical statement from them would be: "That Mona Lisa is a nice painting worth millions, but someday a great meteor is going to hit this planet and kill us off like the dinosaurs. What's it going to be worth then?"

As you can see I have inherited my gloom; it's in the genes.

Vanity of vanities, says Qoheleth, vanity of vanities! All things are vanity!

The scriptures today ask the question; "What is the point of life? "The answer from the Old Testament tells us it's to thank God for life, love God, love each other, build relations that sustain and maintain the community, and have a good time. The rest is superfluous. You are not in control.

I wonder what my Lord of the Rings collectibles will be worth in 200 years...



Our School Supply Collection is Under Way! If you have backpacks and supplies to drop off, look for boxes in the Welcome Center and in the church. There is a list in the Welcome Center of supplies requested by the children of Gichitwaa Kateri parish, Thank you for your generous help!

Weekend Masses are Celebrated at:
5pm Saturday and 7:45am Sunday in the Church
9am and 11am Sunday in the Gym
Family Masses will resume on September 15

Highlights This Week at SJA

FFI check the bulletin, the SJA website or call the Parish Center. The Upper Room is located in the Parish Center; Hospitality Hall, in the Church basement; the Arc, across 45th Street, 4457 3rd Ave.

Sunday, August 4

SJA Under 40(ish), 12:30pm in the Welcome Center Sister Parish Delegation Potluck, 5pm in Hospitality Hall

Tuesday, August 6

8am Mass in the Orleans Chapel

Thursday, August 8

8am Mass in the Orleans Chapel

Sunday, August 11

Sister Parish Delegation Potluck, 5pm in Hospitality Hall

Parish Center Summer Hours (Memorial Day through Labor Day)

- Monday, 8:30am 4:30pm
- Tuesday, Wednesday, Thursday, 8:30am 9pm
- Friday, 8:30am 4:30pm
- Saturday, 9am noon
- Sunday, 8:30am 1pm

Gluten-free Communion is available upon request. Please see any of the Sunday sacristans in the gym before Mass.

Enhanced Hearing Devices are available in the church and gym. They are located in the back of the church and the welcome center.

SignUpGenius for Eucharistic Ministers is available online. It is simple, user friendly and a reminder is sent 3 days before your scheduled volunteer day. FFI contact Marcia at mkurtz@stjoan.com.

Looking Ahead...

Sunday 9 and 11 am Gym Masses:

August 11: Presider: *Fr. DeBruycker.* Miriam and Alba, from our Sister Parish in Guatemala, will share their reflections of their time at SJA as the 10 day delegation draws to a close.

August 18: Presider. Fr. Cassidy

August 25: Presider: Fr. Cassidy

September 1: Presider: *Fr. DeBruycker.* A reflection on Labor Day. We celebrate Catholic Social Teaching on the dignity of work and the rights of workers.

September 8: Presider: Fr. DeBruycker. Welcome Back Sunday



Sunday, September 15: Family Masses (9:45 and 11:45am in the Church) and Faith Formation classes (8:45 and 10:45am) resume. Don't forget to register your kids for classes, if you haven't done so already.

Scripture Readings:

Sun, Aug. 4: Ecc1:2;2:21-23; Colossians 3:1-5,9-11; Luke 12:13-21

Mon, Aug. 5: Numbers 11:4b-15; Matthew 14:13-21

Tues, Aug. 6: Daniel 7:9-10,13-14; 2 Peter 1:16-19; Luke 9:28b-36

Wed, Aug. 7: Num13:1-2,25-14:1,26a-29a,34-35; Matt 15:21-28

Thu, Aug. 8: Numbers 20:1-13; Matthew 16:13-23

Fri, Aug. 9: Deuteronomy 4:32-40; Matthew 16:24-28

Sat, Aug. 10: 2 Corinthians 9:6-10; John 12:24-26

Sun, Aug. 11: Wisdom 18:6-9; Hebrews 11:1-2,8-12; Luke 12:32-48

Prayer Corner: Please remember in your prayers those who are in need of healing:

Chuck Abramson, Arlene Axelson, Ned B., Dennis Barta, Phyllis Berninger, Elaine Boehm, Marcia Boehnlein, Patty Brennan, Brent, Lorraine Bryant, Stacy Budd, Pam Burd, Allison Burgstahler, Catharine C., Courtney, George C., Dayna Cell, Kate Corey, Joe & Dave Culver, Meg & Nick Daoust, Will Davis, Mick Dease, Jim DeBruycker, Koko Dehn, Colleen Dooley, Bob Duffy, Ava Dunaly, Kathie DuRocher, Henry F., John Fierce, Flo Francis, John & Margaret Frees, Amy Friedrichs, Kate Gilbert, Heidi Gregorich, Tom Griep, Abigail H., Emma H., Mary Hasbrouck, Brad Hinker, Jeff Hinton, Megan Hoffman, Jan Horner, Kathy Horner, Neysa Housley, Gina J., Ceil Jaisle, Paul Jonsson, Jean Karol, Glen Kelley, Chuck & Kathy Kennedy, Sage Kirscht, Barbara Klebel, Kate Kline, Liam, Luke, Amy Lainus, Iva Lang, Melva Larson, Dorothy & Darlene Lawson, Margaret Lulic, Alex M., AnnMarie M., Kyle M., Michael M., Joe Mars, Janet Martens, Dawn McCelland, John McGarry, Kate Meyer, Kelley Meyer, Royce Morrissette, Ted Mueller, Sheri Murch, Nate, Craig Nordby, Dick Olson, Paul Olvera, Colette Ott, Paula, Pam Paul, Bill Peterka, Alice Priola, Liz Prunziske, Jim Rapp, Carol Reiland, Jack Riebel, Donald & Susan Roufs, Pat Russell, Shane, Joe S., Kay Samuelson, Don Schafer, Phil Schmidt, Steven Schuster, Fran Shepardson, Joyce Shortino, Mattie Sieler, Sam Slagerman, Harold Sonnek, Teddy Sparrman, Joan Speltz, Doug Stahlke, Joleen Strosahl, Tess, Irene Taddiken, Matthew Tennant, Echo Thoren, Glo Tonskemper, Terry Underhill, Martha Utz, Carin Vagle, Leroy Vague, Barbara Verthein, Mimi Villaume, AJ & Theo W., Nikki W., Floyd Ward, Pam Washington, Marlys Weber, Julie Wegscheild, Todd Weller, Bennett Wentworth, Mary White, Kathy Wiberg, Eric William, Jim & Jerry Wohnoutka, Jim Wolfe, Morley Woodruff, Ann Woolsey, Sofia Wright, Julie Wylie, Mike Wyman, Curt Youngren, Baby Zoey Grace, Bridget Zivirn, Annemaire & Ava Zubrzycki

Prayer Corner Requests: To keep prayer requests current, names will be included in the bulletin for four weeks and then removed. To **add** a name or to **renew** your request, please call Nancy Becker at 612.823.8205 ext. 223.

A Book of Prayer is located in our Gym vestibule. If you have a family member or friend who is ill or who has recently died, please write their names in our Book of Prayer before Mass so we may include them in prayers during our Sunday Masses.

Parish Life

Music Ministry at SJA: Are you wanting to become part of a singing community? Are you interested in music ministry to the congregation once a month from September through May and on the Holy Days? Can you sing in tune? Do you love to sing? Join the SJA choir in September and make a joyful noise with this wonderful group of folks. Want more details? Contact Anna Vagle at 612.823.8205 Ext. 235 or avagle@stjoan.com. NOW is the time!

Arm In Arm In Africa: I am excited and honored to announce our



newly designed website for Arm In Arm In Africa. Todd Dalebroux, a member of our AIAIA board, serves as our webmaster and has worked hard with his team to create our new website. I invite you to visit us at aiaia.org, I am confident that you will be able to come away with a good

insight as to our mission, our vision, and the nineteen year relationship that we are honored to have with our African brother and sisters. Thank you for your ongoing support and encouragement of this important relationship. -Fr. Jim Cassidy

LGBTQ Events: All are most welcome to join us.

- Book Club: Monday, August 12 at 6:30pm at Curran's. We'll discuss Outburst, a mystery by R.D. Zimmerman that includes many Twin Cities sites.
- Happy Hour: Monday, August 19 beginning at 4pm, at McGovern's, 225 W 7th in St. Paul.

The 25th Cabaret celebrating Music & Memories will be October 4,



5, and 6! Friday and Saturday nights feature a 7pm show with happy hour, dinner, games, prizes and over 25 of the Twin Cities greatest musical performers. Sunday begins after the 11am mass with a meal for purchase and time for fellowship before the 2pm matinee, Love To the 9's, featuring Tommy Barbrella and Julius Collins exploring the genius of Prince's catalog in an acoustic and intimate setting. We'll have raffle prizes and fun throughout the day! This is SJA's largest annual fundraiser. Tickets are \$75 for Friday's or

Saturday's reserved seats. Sunday's reserved seats are \$40, general admission, \$25 and students \$10. Tickets will go on sale Saturday, August 17, 10 - 11:30am, in the gym. After that, tickets will be available after Sunday masses, by calling the Parish Center, or at stjoan.com. FFI check our website, Facebook, Instagram or Twitter.

Mark Your Calendars For The Campus Clean-up scheduled for Saturday, Sept. 21, 9am - Noon. Part of the fun of the day is the luncheon with the free raffle that follows the clean-up. To make the raffle happen we need some gifts. Do you have a new item you could donate? Please drop it off at the Parish Center, then be sure to sign up for the clean-up.

Food Shelf Donations Are Needed: You are encouraged to bring non-perishable food items with you when you come to Mass on Sunday and place them in our food shelf bins, located in the entrances to our Church and Parish Center. Your food offerings are donated to the Foodshelf at Sabathani Community Center each week. Thank you for your willingness to help those in need.

This Is Our Family: These are God's Beloved: The cruelty and inhumanity at our border, in our communities, and in our policies must stop. We will welcome, learn from, and stand in solidarity with immigrants, refugees and asylees. Here are ways you can ioin us in building the beloved community:

- We Are Not Alone: A St. Joan of Arc Vigil for Immigrants at the Whipple Detention Center. On Tuesday, August 13, join us at 7:30am for a vigil (hosted monthly by the Interfaith Coalition on Immigration) with prayer and song for those in immigration detention, many of whom are deported from this facility. We call for reform of our inhumane system that destroys the unity of families and dishonors the dignity of our brothers and sisters. Stand up and speak out with us.
- In the Peace and Justice column, check out the upcoming **Border Connections** experience with our Welcome the Stranger ministry.
- CALL YOUR FEDERAL REPRESENTATIVES today and every day until we begin treating migrants as human beings, with dignity and value. Our elected officials alone can make the systemic changes we need to stop this horror. For contact info, go to www.usa.gov/elected-officials/. The message: Reunite families, obey the rules of international law for those seeking asylum in this country, enact comprehensive immigration reform and stop the raids!

CARE Committee News: In addition to assisting those who call the parish center asking for help with rent or utilities, our CARE Committee is proud to partner with several local organizations to serve their clients and families. Our partners are Beacon Interfaith Housing Collaborative, Project for Pride in Living, Alliance Housing and Risen Christ School. Over the next few weeks, we will be meeting with case management staff from these organizations to assess how our program is working for the households we serve together. Thanks to your contributions to the SJA Outreach Fund, the CARE Committee makes a difference in the lives of hundreds of people each year who are living on the edge of homelessness. or are at risk of losing utilities. Thank you.

Recycle: Please use the labeled receptacles for compost, paper, glass, plastic, cans, waste and cups. By doing so we will be ecologically responsible and a big help to our maintenance staff as well. Thank you.

Summary of contributions for the week and fiscal year. Includes plate, envelopes and estimated Sustaining Member payments.

> Current (July 22 - July 28, 2019) Actual \$36,482 Budget \$35,167 Prior Year Actual \$33,840

Year to Date (July 1 – July 28, 2019) Actual \$159,328 Budget \$140,670 Prior Year Actual \$135,360

Thank You!

Pastoral Ministries

FFI on Pastoral Ministries contact Sherri Stella at 612.823.8205 ext. 231 or sstella@stjoan.com.

Did You Know? Trauma can have a negative impact on our relationships. Andrea Brandt, Ph.D., M.F.T., cites four ways in which this occurs:

- The False Self: When we bury our emotions, we lose touch with who we really are, because our feelings are an integral part of us.
- Victimhood Thinking: Negative self-talk disempowers us and makes us feel like we have no control over our lives — like victims.
- Passive-Aggressiveness: You don't express your feelings straightforwardly, but since you can't truly suppress anger, you express your feelings through passive-aggressiveness.
- 4. Passivity: When we bury our feelings, we bury who we are.

Coalition for Grief Support: The Fall session begins on Thursday, Sept. 26, 6:15 - 8pm, at St. John Lutheran Church, 4842 Nicollet Ave. Brenda DeMotte will present on *Grief - The Definition*. The evening begins with light refreshments followed by the presentation and facilitated small group sessions. FFI contact Jean Mills at 612.986.8217 or Sherri Stella at the Parish Center.

Mental Health Ministry: Our program will continue in September. Please watch the bulletin for details!

The Prayer Shawl Ministry: Please join us on the third Tuesday of each month, 9 - 10:30am in the Parish Center Geranium Room. In the Fall, we will return to the first Monday of each month, 6:30 - 8pm. All are welcome! Our prayer shawl members are open to teaching new members to knit and crochet. FFI contact Sherri Stella at the Parish Center.

Peace and Justice

FFI on Peace & Justice programs contact Julie Madden at 612.823.8205 ext. 228 or jmadden@stjoan.com.



Welcome the Stranger Border Connections: Pick up a flyer today for the itinerary of our days together August 18 - 21, and sign up now - space at some of these events is very limited!

- Sunday, August 18: Following the 11am mass, come to the Parish Center Upper Room for an overview of our work and stories from our border delegations.
- Monday, August 19: We will tour Sarah's...An Oasis for Women and The Advocates for Human Rights.
- Tuesday, August 20: Afternoon observation of immigration court. In the evening, we will join a group of immigrants learning English and engage them in conversation - what a great way to meet our neighbors!
- Wednesday, August 21: An evening meal with prayer, discussion and action steps for the days ahead. Great food from Manos a la Obra.

Sister Parish Delegation Has Begun! Today we are joined by our sisters Miriam and Alba who arrived from Tierra Nueva Dos on Friday with Sister Parish executive director, Carrie Stengel, for 10 days of faith and friendship. This is our 25th anniversary of delegations traveling back and forth between our two parishes, and the relationships of solidarity we have formed continue to grow and deepen. Stop by our table in the Welcome Center for our schedule and all the ways you can participate, and welcome our guests! Of special note:

Sundays, August 4 & 11: All are invited to our opening and closing potlucks today and next Sunday at 5pm in Hospitality Hall. There will be music (on August 4, we're joined by the

Angry Baker Brass Band!), games and stories, and of course good food! Based on the first letter of your last name, here are the suggested food assignments: Aug. 4: A - J, entrée; K - R, salad; S - Z, dessert. On Aug. 11: A - H, salad; L - O, dessert; P - Z, entrée

 During the week of August 5 - 9, we will be meeting with SJA ministries and visiting Twin Cities organizations including Gichitwaa Kateri Chuch, Bolder Options and Casa Esperanza. Our delegates will stand with peacemakers at the weekly vigil on the Lake Street Bridge and serve with Mobile Loaves Twin Cities. Miriam and Alba will also speak at mass on August 11, with cake in the Welcome Center to follow both masses. We invite you to join us for this week of great activities. FFI, watch the SJA website, or contact Julie Madden.



Come Together: An ecumenical prayer service for peace is being hosted monthly by different faith communities. These include conversation, hospitality and a prayer walk blessing in the community. Upcoming:

- Sunday, August 11, 2:30 4:30pm at the Basilica of St. Mary in Minneapolis
- Sunday, September 15, 4 6pm at Redeemer Lutheran Church in Minneapolis

To learn more, go to www.ComeTogetherTC.org.

SJA Antiracism Ministry: Get to know our SJA neighborhood, our history of racism and our history in the movement for racial justice. Pick up info today after mass in the Welcome Center.

- Wednesday, August 28: Gather in Hospitality Hall at 6:30pm for an ice cream social and a conversation with community partners and elders. Daniel Bergin, neighborhood resident and filmmaker, will emcee and also show clips from his films including Jim Crow of the North.
- Thursday, August 29: Join a tour of the SJA neighborhood and sites of powerful moments in the life of our community.

Our SJA Peacemakers Get National Press Attention: In the current issue of the National Catholic Reporter, there is a great article on the work of our SJA WAMM/Peacemakers, who have been faithful, tireless witnesses to the gospel of nonviolence. Thank you to our peacemakers for your work to end war and militarism, and for keeping this work front and center at SJA. Here's the link: https://www.ncronline.org/news/justice/peacemaker-parishioners-stay-faithful-their-mission-minneapolis.

Faith Formation and Adult Learning

We form the faith of our community through participation in prayer, liturgy, sacraments, education, community and works of justice.

2019/2020 Faith Formation Registration is open for Nursery through 12th grade. Go to www.stjoan.com under the "News" portion on the home page.

Adoptive Families Book Club: On August 17, join us at 10am at Turtle Bread (4762 Chicago Ave, Mpls) to discuss *Coming Home to Self* by Nancy Newton Verrier. At this meeting we'll also continue our discussion of our spring pick, *Being Adopted: The Lifelong Search for Self.* Hope to see you there!



Baptism: To have your child baptized at St. Joan's you must be a registered member and participate in a 90-minute Baptism preparation class. FFI and to register call JP at the Parish Center.

Baptisms Celebrated at SJA in July: Liam Burns, Santiago Brenes, Miles Harrington, Azalea Hatling, Locke Manno, Gavin Olson, Frederick Brolsma, Stellan Hanson, Benjamin Kraus-Wilson, Beckett Vogt

Nursery: FFI contact Michelle Dehn, Nursery Director at mdehn@stjoan.com or 612.823.8205 ext. 240.

Our Nursery, located in the lower level of the Parish Center, is open for the 9 & 11am Sunday Masses. The Nursery is a wonderful community of families and volunteers that allows parents to enjoy Mass and meet other families in the parish. Drop-ins welcome.

Pre-school: (Ages 4-Kindergarten) *FFI contact Magnolia Ditzler at mditzler@stjoan.com or 612.823.8205 ext. 230.*

Grade School: (Grades 1-6) FFI contact Marie Bissonnette at 612.823.8205 ext. 229.

First Communion 2020 Registration Dates: Sunday, March 1, or March 8 at 12:30 - to be celebrated Saturdays, April 25, or May 2.

First Reconciliation 2019 Registration Dates: Sunday, Oct. 27, or Nov. 3 at 12:30 - to be celebrated Saturdays, Dec. 14, or 21.

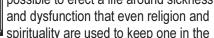
Looking Forward: Sunday, Sept. 8 Welcome Back Sunday; Sept. 13, first session of Second Fridays for Planet 56; Sunday, Sept. 15 first class sessions at 8:45 and 10:45am.

Don't Forget to register for our Faith Formation programs beginning in September.

Youth Ministry: (Grades 7-12) FFI contact Rose Aspholm at 612.823.8205 ext. 241 or raspholm@stjoan.com or Brennan Hall at bhall@stjoan.com.

Adult Learning: FFI contact Cynthia Bailey Manns at 612.823.8205 ext. 226 or cmanns@stjoan.com.

Questions to Ponder: Pastor, writer and spiritual director Adele
Ahlberg Calhoun reminds us that, "It is possible to erect a life around sickness possible to erect a life around sickness."



same stuck place. No wonder the question "Do you want to get well?" is answered by what we do more that by what we say." (Invitations from God, Calhoun, 2011) At SJA, we are challenged to continually respond to God's invitation by answering the questions, "Do I want to be well?" and "How am I willing to be responsible for my own healing?"

Parish Book Club meets on the 2nd Wednesday of the month at 6:30pm in the Parish Center. Everyone is welcome anytime!

- September 11: The Grapes of Wrath by John Steinbeck
- October 9: Being Mortal by Atul Gawande

RCIA: SJA welcomes you on your spiritual journey of study, exploration, faith sharing, and faith formation. The Rite of Christian Initiation, or RCIA, is an important Sacrament designed for adults (called Candidates), who are interested in becoming Catholic, or for Catholics who wish to be Confirmed, and may also include the Rite of Baptism. Each candidate works with an individual sponsor who will walk with them through this unique faith journey. The RCIA classes from fall 2019 through spring 2020, led by Fr. Jim DeBruycker and the RCIA team, build learning relationships that encourage provocative questions about what it means to be Catholic and opportunities to grow in one's faith. If you are interested, or for further information, please contact Cynthia Bailey Manns at cmanns@stjoan.com.

Save the Dates: Sept. 24, Oct. 1 & 15, Nov. 12 & 26, Scripture



Matters - God's word is alive. In this study of Genesis, you are encouraged to listen to the Bible, to your own questions and responses, and to the honest sharing of the other group members. Please join us, 1 - 3pm, in the Arc. RSVP by Sept. 1 online

at www.stjoan.com or to the Parish Center. Cost \$6.99. Maximum 20 participants. FFI contact Cynthia at cmanns@stjoan.com.

2nd Monday Dialogues: SAGES reminds you to mark your calendars for our 2nd Monday Dialogues, September thru May, 1:30 - 3pm, in Hospitality Hall. Sept. 9, Mark Scannell speaks on Resilience: Adversity Abounds; Learn to Rebound. Oct. 14, Damien Polling, Salvation Army, speaks on Homelessness in the Twin Cities. Nov. 11, Jill Freeman speaks on Gentle Transitions for Seniors.



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