WINTER SERIES - 2020
South Minneapolis Coalition For Grief Support
St. Thomas The Apostle Church
2914 W 44th St
Minneapolis, MN 55410
Phone: 612-922-0041
Registration and Refreshments: 6:15 p.m.
Speaker:  6:30 – 7:00 p.m., Small Groups 7:00 – 8:00 p.m.

Jan. 23  The Fundamental Characteristics of Grief        Paul Johnson
Jan. 30  Grief and The Quest For Meaning              Jean Greenwood
Feb.  6   Self Care While Grieving                   Mark Flaten
Feb. 13  From Grieving To Resilience                  Mark Scannell
Feb. 20  Honoring Memories, Discovering Hope         Arnold Krueger
Feb. 27  Taking Care of Feelings                      Sr. Adaire Lassonde
Mar.  5   The Loss of Siblings                        Maggie Bauer
Mar. 12  What To Do With The Stuff                   Mary Ann Kelly-Wright
Mar. 19  Giving Thanks Can Help Us Grieve            Mark Scannell
Mar. 26  Service of Remembrance

ROSTER:
Paul Johnson – Grief Consultant & Trainer, Retired Supervisor for Health Partners
Jean Greenwood – Minister, Freelance facilitator /mediator for MN Dept. of Education
Mark Flaten – Grief Survivor, Former pastor
Mary Anne Kelly-Wright – Retired Pastoral Minister, Director of Religious Education
Arnold Krueger – Grief Facilitator, Grief Coordinator, Musician
Sr. Adaire Lassonde – SSND, Lic. Independent Social Worker
Maggie Bauer – Owner, Grief Recovery Services
Mark Scannell – Life Coach, Author, Trainer, Speaker

The South Minneapolis Coalition For Grief Support was formed in 1884 and became a program of TRUST, Inc. in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in south Minneapolis. For more information about TRUST, contact Nancy Biele, Executive Director at 612-827-6159 or go to www.trustinc.org. Norine Larson, the Coalition Coordinator can be reached at 952-925-2437.