

WINTER SERIES - 2020
South Minneapolis Coalition For Grief Support
St. Thomas The Apostle Church
2914 W 44th St
Minneapolis, MN 55410
Phone: 612-922-0041

Registration and Refreshments: 6:15 p.m.
Speaker: 6:30 – 7:00 p.m., Small Groups 7:00 – 8:00 p.m.

Jan. 23	The Fundamental Characteristics of Grief	Paul Johnson
Jan. 30	Grief and The Quest For Meaning	Jean Greenwood
Feb. 6	Self Care While Grieving	Mark Flaten
Feb. 13	From Grieving To Resilience	Mark Scannell
Feb. 20	Honoring Memories, Discovering Hope	Arnold Krueger
Feb. 27	Taking Care of Feelings	Sr. Adaire Lassonde
Mar. 5	The Loss of Siblings	Maggie Bauer
Mar. 12	What To Do With The Stuff	Mary Ann Kelly-Wright
Mar. 19	Giving Thanks Can Help Us Grieve	Mark Scannell
Mar. 26	Service of Remembrance	

ROSTER:

Paul Johnson – Grief Consultant & Trainer, Retired Supervisor for Health Partners
Jean Greenwood – Minister, Freelance facilitator /mediator for MN Dept. of Education
Mark Flaten – Grief Survivor, Former pastor
Mary Anne Kelly-Wright – Retired Pastoral Minister, Director of Religious Education
Arnold Krueger – Grief Facilitator, Grief Coordinator, Musician
Sr. Adaire Lassonde – SSND, Lic. Independent Social Worker
Maggie Bauer – Owner, Grief Recovery Services
Mark Scannell – Life Coach, Author, Trainer, Speaker

The South Minneapolis Coalition For Grief Support was formed in 1884 and became a program of TRUST, Inc. in 2006. TRUST, Inc. is an interfaith coalition of congregations providing services in south Minneapolis. For more information about TRUST, contact Nancy Biele, Executive Director at 612-827-6159 or go to www.trustinc.org. Norine Larson, the Coalition Coordinator can be reached at 952-925-2437.